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Doctor joins Western Sierra Medical team

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Courtesy

Dr. Kulvinder Boparai

Dr. Kulvinder Boparai, a physician with 25 years of extensive community clinic and internal medicine experience, has joined Western Sierra Medical Clinic.

Boparai will treat patients at Western Sierra's health centers on Professional Drive and Locksley Lane in Auburn.

"Dr. Boparai is a team-oriented provider with the energy, experience and wisdom that will benefit Western Sierra and the community," said Dr. Christina Lasich, chief medical officer of Western Sierra. "As an internal medicine provider, Dr. Boparai specializes in complex conditions with the goal of reducing the risk of hospitalization for patients, which is especially important with the aging population in our region."

Boparai earned his medical degree and graduated with honors from Ross University School of Medicine in Dominica. His career includes more than a decade of emergency department experience and 25 years as an internal medicine and primary care

physician. He has worked for Veterans Affairs (VA) centers and clinics in Bakersfield and Grand Rapids and Battle Creek, Mich.

He joins Western Sierra after three and a half years with Molina Medical Center in Citrus Heights, where he cared for patients with complex medical conditions.

“I’ve always wanted to do something helpful, useful for people,” Boparai said of the reason he chose to become a physician and more specifically an internist. “Internal medicine is definitely challenging. I’m often treating the sickest patients.”

For more information, visit wsmcmed.org or [Facebook.com/WesternSierraMedicalClinic](https://www.facebook.com/WesternSierraMedicalClinic).