

A phone call away

Our community has excellent health care resources available to help new mothers and their babies. *Please keep the following contact information nearby:*

BEFORE CHILDBIRTH

Western Sierra Medical Clinic

Main line: 530-274-9762

Maternity reception: 530-274-9762 ext. 176

OB/GYN on-call: 530-274-9762

Radiology/Ultrasound

Sierra Nevada Memorial Hospital (SNMH):
530-274-6262

Insight Imaging: 530-273-2720

Lab Draw Stations

LabCorp: 530-274-8024

Quest Diagnostics: 530-271-0153

SNMH: 530-274-6005

Sierra Nevada Memorial Hospital

Main line: 530-274-6000

Labor and delivery: 530-274-6093

AFTER CHILDBIRTH

Postpartum

SNMH postpartum unit: 530-274-6089

Western Sierra pediatricians: 530-274-9762

Breastfeeding Issues

Women, Infants & Children: 530-265-1454

Western Sierra Medical Clinic: 530-274-9762

Childbirth Education

Grass Valley Childbirth: 530-205-8913

The Nest: 530-637-8411

Western Sierra 
Medical Clinic

Better Health Together

www.wsmcmed.org