

WESTERN SIERRA MEDICAL CLINIC: NATIONAL HEALTH CENTER WEEK OFFERS A CHANCE TO CELEBRATE ACCOMPLISHMENTS, HONOR PHYSICIANS AND OTHER PROVIDERS

GRASS VALLEY, Calif. – First-rate health care is critical for a healthy and strong community, meeting the many and often-changing needs of residents, from newborns to seniors.

Western Sierra Medical Clinic – the largest outpatient provider in Nevada and Sierra counties that serves about one of every four residents – and its 120-person staff are committed to the community, ensuring comprehensive medical, dental and behavioral health and a wide range of specialty services, such as addiction management and urgent care.

The never-ending goal is accessible, quality, affordable health care for residents in the region that starts with preventive medicine and expands to specialty care. Western Sierra, a nonprofit organization, treats patients from all income levels, regardless of their ability to pay.

And that’s the idea behind [National Health Center Week](#), which honors health care heroes nationwide (Aug. 12-18). Western Sierra is among the 1,300 community health centers in California celebrating the special week.

“Our board of directors, medical providers and entire staff are committed to providing the best-possible health care for the region,” said Scott McFarland, Chief Executive Officer of Western Sierra Medical Clinic. “We are reaching that goal by establishing strong relationships with patients, listening to their needs and building new programs. Our emphasis is on improving the health of the communities and people we serve.”

Western Sierra has enjoyed fast-paced growth and opened health centers from Penn Valley in Nevada County to Auburn and Kings Beach-Tahoe in Placer County during the past two years. It’s all about better serving and meeting the needs of our tens of thousands of patients – and the region overall.

For example, Penn Valley health center opened in early 2016, allowing thousands of patients in the community to enjoy close-to-home services rather than travel to Grass Valley. Today, Western Sierra has six health centers in the region – including opening two in Auburn and another in Kings Beach-Tahoe in Placer County – to better serve patients closer to where they live and work.

Western Sierra also introduced women’s health services around the same time, including an obstetrician-gynecologist in Grass Valley.

Western Sierra has established addiction management services – including a medication assisted treatment (MAT) program – and an on-site pharmacy at the Grass Valley health center. Patients at the other health centers can have their prescription medications mailed at no additional cost.

The patient-first approach extends beyond our health clinics. Western Sierra continues to establish partnerships with local providers – such as chiropractors, ophthalmologists and podiatrists – to ensure patients have access to quality care close to home.

“We’re always looking at how we can most effectively help patients with their health care needs,” said Dr. Christina Lasich, Chief Medical Officer of Western Sierra. “We will continue to listen to patients and look for opportunities to expand and improve our services.”

About Western Sierra Medical Clinic

Western Sierra Medical Clinic provides comprehensive medical, dental and behavioral health care in Nevada and Sierra counties, and recently expanded to Placer County with two Auburn health centers and a health center in Kings Beach in the North shore area of Lake Tahoe. Founded in 1975, Western Sierra emphasizes preventive care, education and empowering patients to make informed decisions. You can learn more about Western Sierra Medical Clinic at www.wsmcmed.org and on Facebook at www.facebook.com/WesternSierraMedicalClinic.